

Frugal Homemaker

<http://www.frugalhomemaker.com>

Creative, practical and fun!

Master Grocery List

<u>PRODUCE</u>	<u>MEAT</u>	<u>CANNED/DRIED</u>	<u>FROZEN</u>	<u>STAPLES</u>
Apples	Bacon	Applesauce	Bread dough	Baking powder
Apricots	Beef Roast	Barley	Cool Whip	Baking soda
Artichokes	Chicken	Beets	Corn	Bouillon
Bananas	Deli meats	Canned milk	Desserts	Chocolate chips
Beans	Fish	Cereal	Fruits	Cocoa
Berries	Ham	Corn	Hash browns	Coconut
Broccoli	Hamburger	Dried beans	Ice Cream	Cornstarch
Cabbage	Hot dogs	Fruits	Juice	Dried cranberries
Carrots	Pork chops	Garbanzos	Mixed veggies	Dried milk
Cauliflower	Sausage	Green beans	Peas	Flour
Celery	Spareribs	Jam/jelly	Pie crusts	Honey
Corn	Steak	Lentils	Soft pretzels	Molasses
Cucumbers	Stew meat	Kidney beans		Peanuts/nuts
Garlic	Turkey	Ketchup	<u>MIXES</u>	Raisins
Grapefruit		Mayonnaise	Baking Mix	Salt
Grapes		Miracle Whip	Bread mix	Shortening
Green onions		Mustard	Cake mix	Sugar
Lemons	<u>DAIRY</u>	Olive oil	Corn bread	Sunflower seeds
Lettuce	Butter	Olives	Dried soups	Yeast
Limes	Cream cheese	Pasta	Frosting	
Melons	Cottage cheese	Peanut butter	Jell-O	
Mushrooms	Eggs	Pickles	Pudding	<u>HERBS/SPICES</u>
Onions	Margarine	Pork and beans	Waffle Mix	Garlic powder
Oranges	Milk	Relish		
Parsley	Cheddar cheese	Rice	<u>BAKERY</u>	
Peaches	Sour cream	Salad dressing	Bagels	
Pears	Yogurt	Salsa	Bread	<u>HOUSEHOLD</u>
Peppers		Sauce	English muffins	Bathroom tissue
Plums		Soups	French rolls	Bleach
Potatoes	<u>BEVERAGES</u>	Soy sauce	Hamburger buns	Cleanser
Radishes	Coffee	Syrup	Hotdog buns	Cling wrap
Spinach	Juice	Tomatoes	Pita pockets	Dish soap
Squash	Soft drinks	Vegetable oil	Sourdough	Dishwasher soap
Tomatoes	Tea	Vinegar	Tortillas	Fabric Softener
Yams	Coffee			Foil
Zucchini	Coffee creamer			Laundry soap
				Light bulbs
	<u>PERSONAL</u>			Napkins
Egg roll wraps	Conditioner			Paper plates
	Deodorant			Paper towels
	Pain reliever			Pet food
	Shampoo			
	Toothpaste			